In The Claims:

The listing of claims will replace all prior versions, and listings, of claims in the application.

Listing of Claims:

1-22. (Canceled)

23. (New) A system for providing email communications, comprising:

an internet service provider server configured to provide internet services to a remote computer system;

wherein the internet service provider server is configured to receive an email text message from the remote computer system, configured to examine the email text message to determine if a user of the remote computer system has requested the internet service provider server to protect the email text message from subsequent alteration, configured to protect the e-mail text message against subsequent alteration by at least one recipient thereof by converting a format of text in the body of the e-mail text message from a text format to a picture format protected against subsequent alterations, and configured to send the e-mail text message to the at least one recipient after conversion of the format of the text from the text format to the picture format protected against subsequent alterations.

24. (New) The system of claim 23, wherein the text in the body of the e-mail text message converted to the picture format is included as an inline image within the transmitted e-mail text message.

25. (New) The system of claim 23, wherein the text in the body of the e-mail text message in the picture format is stored on the internet service provider server for retrieval by the recipient.

26. (New) The system of claim 23, wherein the text in the body of the e-mail text

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message converted to the picture format is included as an attachment to the e-mail text message.

27. (New) The system of claim 23, wherein the picture format is a joint photographic experts group file.

28. (New) The system of claim 23, wherein the picture format is a graphics image format file.

29. (New) The system of claim 23, wherein the internet service provider server is configured to convert the text in the body of the e-mail text message from the text format to a portable document format.

30. (New) A method of providing email services, comprising:
receiving an email text message at an internet service provider server from a remote computer system, the email message addressed to a recipient email address;
examining the email text message at the internet service provider server to determine if a user of the remote computer system has requested the internet service provider server to protect the email text message from subsequent alteration;
protecting the e-mail text message against subsequent alteration by at least one recipient thereof by converting a format of text in the body of the e-mail text message at the internet service provider server from a text format to a picture format protected against subsequent alterations; and
sending the e-mail text message from the internet service provider server to the at least one recipient after conversion of the format of the text from the text format to the picture format protected against subsequent alterations.

31. (New) The method of claim 30, wherein the write-protected picture format comprises a portable document format.

32. (New) The method of claim 30, wherein the write-protected picture format comprises a graphics image format.

33. (New) The method of claim 30, wherein the write-protected picture format comprises a joint photographic experts group.

34. (New) The method of claim 30, wherein the e-mail text message is stored on the internet service provider server for viewing by the user.

35. (New) The method of claim 30, wherein content in the body of the e-mail text message in the write-protected picture format is included in the e-mail text message as an inline image file.

36. (New) The method of claim 30, wherein content in the body of the e-mail text message in the write-protected picture format is included in the e-mail text message as an attachment.